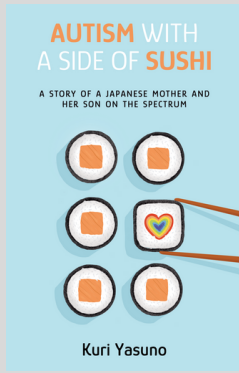


Kuri Yasuno

AUTHOR | SPEAKER | INCLUSION ADVOCATE

Autism with a Side of Sushi will publish with New Degree Press in May 2022



AUTISM WITH A SIDE OF SUSHI

ABOUT THE BOOK

Autism with a Side of Sushi is a book about a mother raising her son on the autism spectrum. When Kuri first moved to America from Japan at five years old, her classmates voiced their disgust for Japanese food, especially sushi. Today, sushi is enjoyed by many Americans, perhaps even the same ones who shared their distaste for it years ago. In a similar way, Kuri would like people to think about autism. Her hope is that once people become aware of autism and start discussing it, it will become accepted and appreciated much like sushi.

This book is filled with hopeful stories about the successes, the failures, and the lessons she has learned with the hope that it will help readers understand the autism spectrum disorder, individuals on the spectrum and their families.



“This book exemplifies the importance of not limiting another’s potential but rather being open to bear witness to their possibilities and options.”

*Barbara J. Guthrie, RN,
PhD, FAAN, Professor
Emeritus, Yale School of
Nursing*

ABOUT THE AUTHOR

An immigrant from Japan at five years old, Kuri Yasuno arrived on Long Island, NY with her older brother and parents. After graduating Georgetown University, Kuri followed her love of creativity and worked in Marketing and Website Production at the Discovery Health Channel and the National Geographic Channel. With the birth of her children, Kuri switched gears to be a stay at home mom, caring for her now, two teenage boys.

When her older son was diagnosed with being on the autism spectrum, Kuri took her creative spirit and her positive mindset to focus on his education and social skills development. Kuri is writing this book to share her experiences as a mom of a special-needs child with humorous anecdotes and honest introspection. Her hope is for her story to inspire awareness, understanding, inclusion and especially kindness.

“I loved reading about Kuri and Daniel’s experience. It humbles us as clinicians to hear the raw details of a parent’s day to day journey.”

*Macarena Fernandez,
Speech-Language
Pathologist/Board
Certified Behavior
Analyst*

